N-POWERED
COACHING ACADEMY

N-Powered Manifesto

Welcome to our community!

We're so excited to have you here and we can't wait to help you manifest your N-powerment today!

Why Use This Manifesto?

At N-Powered Coaching Academy we believe there's power with-N you to create the life, health and career you desire and deserve. We don't believe a woman's N-powerment comes from others, rather, we believe N-powerment comes from with-N every woman. N-powerment is like energy. It has always existed; it just comes in different forms and is activated at various times in your life.

To help you activate your N-powerment, we have created a manifesto just for you. These are beliefs we teach in our coaching academy and can be used in your life as a guide to help you take action-steps towards a path of N-powered living! We have seen great success from clients who adopt these principles and believe these principles will do the same for you!

What is N-Powerment?

N-Powerment (N).

Before we move forward, let's identify what it means to be N-powered!

N-powerment is a term we've coined and have a deep-rooted belief in it's concept. ***"N-powerment is the courage to activate one's inner strength to overcome life's obstacles and thrive in the face of adversity."*** Have you ever needed N-powerment in your life to overcome hard times?

We all have!

That's why we've created this manifesto for you! Are you ready? Here we go! Let's manifest!

Our Manifesto Beliefs

-A **N-Powered** woman is willing to do the internal work to discover her worth, value and purpose...

-A **N-Powered** woman doesn't believe in failure, rather, she believes in evaluating what didn't work, then she creates a new plan of action to get her to her desired destination...

-A **N-Powered** woman believes she's her best business, career and life asset and she operates accordingly...

-A **N- Powered** woman doesn't tell you she's confident, she just is and she walks in her confidence unapologetically...

-A **N-Powered** woman doesn't compete with other women. She understands her abilities and talents and thrives when she uses her gifts to help other women find their path to success and fulfillment...

-A **N-Powered** woman doesn't apologize for asking "why". She understands knowing the "why" behind her questions gives her the choice to opt-in or opt-out...

-A **N-Powered** woman doesn't deny her feminine qualities and doesn't need to compete with a man. She see's being a woman as an advantage versus a disadvantage...

-A **N-Powered** woman doesn't see asking for help as a weakness. She see's asking for help as a way to make mental space available to focus on the things that are really important to her...

-A **N-Powered** woman respects time alone with herself. She values hearing her own voice and recognizes when she needs to be recharged by being alone...

-A **N-Powered** woman takes time to learn who she's becoming. Along the way, she gives herself permission to change what she likes or dislikes without the need to apologize...

How did that feel? Which manifesto do you need to shout the loudest? We're listening!

Now that you're done reading our manifesto, hang this manifesto where you can read it every day. Breath and allow yourself to ignite your N-powerment on a daily basis!

While you embrace these principles, don't forget to wear your N-powerment bodly!

You can do this by shopping our women's N-powerment product line called Courageous Xpressions. Our N-powerment line offers fitness apparel, totes, coffee mugs, T-shirts, posters and so much more?

Click here www.courageousxpressions.com to shop!

Get Social and Follow Us On Social Media

-Instagram@Npoweredcoachingacademy
-Facebook@Npoweredcoachingacademy
-YouTube@Npoweredcoachingacademy

Website:
www.npoweredcoaching.com